

SA Sports Medicine Association Referral List



(The following are members of the South Australian Sports Medicine Association and have a specific interest in sports medicine. All have indicated they are available to take appointments where possible from AMG Competitors)

Participants can also search for other Sports Medicine Professionals on the SASMA "Find a Sports Medicine Professional" online directory at:

<https://sasma.com.au/Resources/FindaSportsMedicineProfessional.aspx>



City & North Adelaide					
Practice/Clinician	Address	Suburb	Telephone	Opening Hours	Notes
Physio					
City Physiotherapy & Sports Injury Clinic	Level 6/108 King William Street	Adelaide	08 8212 4886	Tues – Fri: 8:00am – 6:30pm Sat: 8:30am – 2:00pm	Online bookings available: www.cityphysiotherapy.com.au
SA Sports Medicine Centre	70 South Terrace	Adelaide	08 8211 8002	Tues – Fri: 8:00am to 6:30pm Sat: 9:00am to 12:00pm	Sports Doctors, Podiatry and Massage services also available.
Wakefield Sports Clinic	270 Wakefield Street	Adelaide	08 8232 5566	Tues – Fri: 8:00am to 6:00pm Sat: 10:00am – 3:00pm	Sports Doctors, Podiatry and Massage services also available.
Wakefield Sports Clinic	Level 1, Next Generation, War Memorial Drive	North Adelaide	08 8221 7000	Tues – Fri: 8:00am to 6:00pm Sat: 8:00am to 12:00pm	
Medical (Doctor, GP, Sports Dr, etc.)					
SA Sports Medicine Centre	70 South Terrace	Adelaide	08 8211 8002	Tues – Fri: 8:00am to 6:30pm Sat: 9:00am to 12:00pm	Physiotherapy, Podiatry and Massage services also available.
Wakefield Sports Clinic	270 Wakefield Street	Adelaide	08 8232 5833	Tues – Fri: 8:00am to 6:00pm Sat: 10:00am – 3:00pm	Physiotherapy, Podiatry and Massage services also available.
Orthopaedic Surgeon					
Wakefield Orthopaedic Clinic	Level 2, 270 Wakefield Street	Adelaide	08 8236 4100 (AH as well)	Mon – Fri: 9:00am to 5:00pm	Specialising in sports injuries/trauma Xray facilities available

City & North Adelaide					
Practice/Clinician	Address	Suburb	Telephone	Opening Hours	Notes
Podiatry					
SA Sports Medicine Centre	70 South Terrace	Adelaide	08 8211 8002	Tues – Fri: 8:00am to 6:30pm Sat: 9:00am to 12:00pm	Sports Doctors, Physiotherapy and Massage services also available.
Wakefield Sports Clinic Podiatry	Level 1, Next Generation, War Memorial Drive	North Adelaide	08 8221 7000 AH: 0499 700 129	Sat 5 th – Mon 7 th : Closed Tues – Fri: 8:00am – 6:00pm	Physiotherapy and Massage services also available.
Massage					
SA Sports Medicine Centre	70 South Terrace	Adelaide	08 8211 8002	Tues – Fri: 8:00am to 6:30pm Sat: 9:00am to 12:00pm	Sports Doctors, Physiotherapy and Podiatry services also available.

Eastern Adelaide					
Practice/Clinician	Address	Suburb	Telephone	Opening Hours	Notes
Physio					
Core Physiotherapy & Pilates	Suite 10, 539 Greenhill Rd	Hazelwood Park	08 8331 8673	Sat: 8am – 1pm Sun & Mon: Closed Tues & Thurs: 8.30am to 8pm Wed: 8:00am to 8:00pm Fri: 8:00am to 7:00pm	
Ducker Physio	465/467 The Parade	Magill	08 8333 0322	Mon – Fri: 8:00am – 7:00pm	
Eastern Sports & Spinal Care	141 Kensington Road	Norwood	08 8331 0606	Mon – Fri: 8:30am to 6:30pm	
Leading Edge Physical Therapy	76a Kensington Road	Rose Park	08 8364 6800	Mon-Fri: 8:00am to 7:00pm Sat: 8:00am to 12:00pm	Physio, Massage, Podiatry
myPHYSIOsa	49 Portrush Road	Payneham	1300 189 289	Mon – Fri: 9:00am to 6:30pm	Massage services also available
Vital Core Physiotherapy	433 Magill Road	St Morris	08 8331 0552	Mon – Fri: 8:00am to 6:00pm Sat: 8:00am to 12:00pm	All acute physiotherapy including taping, dry needling, massage, manual therapy and onsite gym. Women's health.
SPORTSMED-SA	32 Payneham Road	Stepney	08 8362 8122	Mon – Thurs: 7:00am to 8:00pm Fri: 7:00am – 7:00pm Sat: 8:00am to 4:00pm	Sports Doctors, Podiatry, Massage, OT, Surgeons and Exercise Physiology services also available
Wakefield Sports Clinic (Dulwich Physio)	Dulwich Family Practice 62 Dulwich Avenue	Dulwich	08 8139 2444	Tues: 8:00am – 12:00pm Wed: 1:00pm – 5:00pm Thurs: 8:00am – 12:00pm	
Medical (Doctor, GP, Sports Dr, etc.)					
Dr Bridget Sawyer (Parkside Family Practice)	321 Fullarton Road	Parkside	08 8271 3985	Tues – Sat	
Fountain Corner Family Practice	57 Unley Road	Parkside	08 8373 1797	Mon – Fri: 8:30am to 5:30pm Sat: 8:30am to 12:00pm	Not open public holidays
SPORTSMED SA	32 Payneham Road	Stepney	08 8130 1222	Tues – Fri: 8:00am – 6:00pm Sat: 10:00am – 2:00pm	Physio, Massage, Podiatry, Orthopaedic Surgeons and Imaging also available.

Eastern Adelaide					
Practice/Clinician	Address	Suburb	Telephone	Opening Hours	Notes
Podiatry					
Andrew Burns	491a Portrush Road	Glenunga	08 8379 0009	Tues – Sat: 9:00am to 5:30pm	Ring to make an appointment
Greenhill Podiatry	416 Portrush Road	Linden Park	08 8379 1456	Mon – Wed: 9:00am – 5:00pm Thurs: 9:00am – 7:00pm Fri: 9:00am – 12:00pm	
Heal Podiatry	66 Kensington Road	Rose Park	08 8338 0622	Mon: 9:00am – 5:00pm Tues: 8:00am – 4:00pm Wed: 8:30am – 6:00pm Thurs: 10:00am – 7:00pm Fri: 8:30am – 12:30pm	
SPORTSMED-SA	32 Payneham Road	Stepney	08 8362 8122	Mon & Fri: 9:00am to 6:00pm Sat: 8:30am to 12:00pm	Sports Doctors, Massage, Podiatry, Orthopaedic Surgeons and Imaging also available.
Imaging (XRays, MRI's, etc.)					
Dr Jones & Partners Medical Imaging	32 Payneham Road	Stepney	08 8133 1900	Mon – Fri: 8:30am – 6:30pm	

Northern Adelaide					
Practice/Clinician	Address	Suburb	Telephone	Opening Hours	Notes
Physio					
PhysioONE	1275 North East Road	Ridgehaven	08 8264 1397	Mon – Thurs: 9:00am to 7:00pm Fri: 9:00am to 6:00pm Sat: 9:00am to 12:00pm	
The Physio Clinic	177 Prospect Road	Prospect	08 8342 1233	Mon – Fri: 8:00am to 7:00pm Sat: 9:00am to 12:00pm	Massage, Pilates & Gym Rehabilitation, Hydrotherapy
SA Physiotherapy	97/99 Smart Road	Modbury	08 7070 1783		
Podiatry					
Hope Valley Podiatry	Shop 7/1271 Grand Junction Road	Hope Valley	08 8396 7058		
Pod Fit Podiatry	31 Smart Road	Modbury	08 7226 9901		

South of CBD (from South Terrace to Marion and west of Glen Osmond Road)

Practice/Clinician	Address	Suburb	Telephone	Opening Hours	Notes
Physio					
Adelaide Sports Physiotherapy	70 459 Fullarton Road	Highgate	08 8271 8622	Tues – Fri: 8:00am – 6:00pm Sat: 8:30am – 12:00pm	Bookings can also be made online at: www.sasmc.com.au
Marion Sports Physio	SA Aquatic & Leisure Centre 443 Morphett Road (enter via Main Entrance)	Oaklands Park	08 8377 1831	Tues: 9:00am – 12:00pm & 1:30pm – 5:00pm Thurs: 2:00pm – 6:00pm Fri: 1:00pm – 5:00pm Sat: 9:00am – 12:00pm	Massage Services also available. Bookings out of hours can be done online at: http://mitchamrehab.com.au/
Mitcham Rehab	9 Princes Road	Kingswood	08 8271 4122	Tues: 8:00am – 7:00pm Wed: 8:00am – 6:30pm Thurs: 8:00am – 7:00pm Fri: 8:00am – 6:00pm Sat: 8:30am – 12:30pm	Massage Services also available. Bookings out of hours can be done online at: http://mitchamrehab.com.au/
PhysioFit-SA	Shop 2, 348 – 352 Unley Road	Hyde Park	08 8272 8093	Mon: 9:00am – 6:15pm Tues: 7:30am – 7:15pm Wed: 9:00am – 7:00pm Thurs: 8:00am – 7:00pm Fri: 8:00am – 5:00pm	
PhysioONE	390 Brighton Road	Hove	08 8298 8144	Mon – Fri: 8:30am to 6:00pm	
PhysioONE	88 King William Road	Hyde Park	08 8373 3337	Mon – Fri: 8:30am to 6:00pm	
PhysioXtra Marion	724 Marion Road	Marion	08 8357 4988	Mon – Thurs: 8:00am to 7:00pm Fri: 8:00am to 6:00pm Sat: 8:00am to 12:00pm	Medical, physio, podiatry, pilates
SA Physiotherapy	7 Graham Road	Darlington	08 7070 1790		
Medical (Doctor, GP, Sports Dr, etc.)					
Dr Bridget Sawyer (Parkside Family Practice)	321 Fullarton Road	Parkside	08 8271 3985	Tues – Sat	
Fountain Corner Family Practice	57 Unley Road	Parkside	08 8373 1797	Mon – Fri: 8:30am to 5:30pm Sat: 8:30am to 12:00pm	Not open public holidays
Kingston Family Clinic (Dr Angela Moran)	540 Brighton Road	South Brighton	08 8296 5844	Mon – Fri: 8:00am to 6:00pm Sat: 8:00am to 12:00pm	

Podiatry					
Glandore Podiatry Clinic	51 Raglan Avenue	Edwardstown	08 8293 3272 or 0411 850 015	Mon: 9:00am to 2:00pm Tues: 8:30am to 5:30pm Thurs: 8:30am to 1:00pm Sat: 9:00am to 2:00pm	
Healthy Feet Podiatry	441 Fullarton Road	Highgate	08 8271 2822	Tues – Fri: 8:00am to 5:30pm	
Massage					
Marion Sports Physio	SA Aquatic & Leisure Centre 443 Morphett Road (enter via Main Entrance)	Oaklands Park	08 8377 1831	Tues: 9:00am – 12:00pm & 1:30pm – 5:00pm Thurs: 2:00pm – 6:00pm Fri: 1:00pm – 5:00pm Sat: 9:00am – 12:00pm	Physio Services also available. Bookings out of hours can be done online at: http://mitchamrehab.com.au/
Mitcham Rehab	9 Princes Road	Kingswood	08 8271 4122	Tues: 8:00am – 7:00pm Wed: 8:00am – 6:30pm Thurs: 8:00am – 7:00pm Fri: 8:00am – 6:00pm Sat: 8:30am – 12:30pm	Physio Services also available. Bookings out of hours can be done online at: http://mitchamrehab.com.au/

Far South (further south than Marion)					
Practice/Clinician	Address	Suburb	Telephone	Opening Hours	Notes
Physio					
SPORTSMED-SA	253 Main Road	Blackwood	08 8130 1181	Tues: 8:00am to 6:00pm Wed: 8:00am – 6:30pm Fri: 8:00am – 7:00pm Sat: 8:30am to 11:30am	
Core Physiotherapy & Pilates	188 Main South Road	Morphett Vale	08 8382 1180	Sun & Mon: Closed Tues - Thurs: 8:00am to 8:00pm Fri: 8:00am to 7:00pm Sat: 8:00am to 3:00pm	
Olympic Sports Clinic	4/10 Ramrod Avenue	Hallett Cove	08 8387 2788	Mon – Fri: 8:00am – 6:00pm Sat: 8:00am – 11:00am	
Medical (Doctor, GP, Sports Dr, etc.)					
SPORTSMED-SA	118 – 120 Main South Road	Morphett Vale	08 8130 1110	Tues – Thurs: 8:30am to 7:00pm Fri: 8:00am to 7:00pm Sat: 8:00am to 11:30am	Physio, Podiatry and Massage services also available
Podiatry					
Healthy Feet Podiatry	Southern Specialist Centre, Cnr of Main South Road & O’Sullivan Beach Road	Morphett Vale	08 8326 1000	Tues – Thurs: 9:00am to 5.00pm Fri: 9:00am to 5:30pm	

Western Adelaide					
Practice/Clinician	Address	Suburb	Telephone	Opening Hours	Notes
Physio					
PhysioONE	4A Byron Street	Glenelg	08 8295 3370	Mon – Fri: 8:00am to 6:00pm Sat: 8:00am to 12:00pm	
SA Physiotherapy	7 Brighton Road	Glenelg	08 7070 1792		
Leading Edge Physical Therapy	Western Hospital 168 Cudmore Terrace	Henley Beach	08 8159 1300	Mon-Fri: 8:00am to 7:00pm Sat: 8:00am to 12:00pm	Physio, Massage. (GPs, Xrays/Radiology and Pharmacy available at adjacent Medical Clinic)
myPHYSIOsa at SPARC	90 Henley Beach Road	Mile End	08 8234 9707	Mon – Thurs: 8:30am to 6:00pm Fri: 9:00am – 12:00pm	Massage services also available
SPORTSMED·SA	225 Military Road	Henley Beach	08 8353 0111	Tues – Fri: 8:00am to 6:00pm Sat: 8:30am to 12:00pm	Podiatry and Massage services also available
PhysioONE	392 Henley Beach Road	Lockleys	08 8443 8195	Mon – Fri: 8:00am to 6:00pm	
PhysioONE	765 Port Road	Woodville	08 8445 9344	Mon, Wed & Fri: 8:00am to 6:00pm Tues & Thurs: 12:15pm to 6:00pm Sat: By Appointment	
The Physio Clinic	2/95 Findon Road	Woodville South	08 8342 1233	Tues – Fri: 8:00am to 5:00pm	Physiotherapy, Massage Pilates & Gym Rehabilitation, Hydrotherapy
Medical (Doctor, GP, Sports Dr, etc.)					
Bayside Family Medical & Musculoskeletal Practice	7 Brighton Road	Glenelg	08 8295 1890	Mon – Fri: 9:00am to 5:00pm (open until 8:00pm Thurs night) Sat: 9:00am to 12:00pm	
Sports and Arthritis Clinic (SPARC)	90 Henley Beach Road	Mile End	08 8234 9707	Mon: 8:30am – 7:00pm Tues & Wed: 8:30am – 6:00pm Thurs: 8:30am – 8:00pm Fri: 8:30am – 4:30pm Sat: 9:00am – 5:00pm	Physio, podiatry, massage, dietitian, chiropractor and psychology services also available. Online bookings available at: https://www.sparc.com.au/

Western Adelaide					
Practice/Clinician	Address	Suburb	Telephone	Opening Hours	Notes
Orthopaedic Surgeon					
Orthopaedics SA	57 Anzac Highway	Ashford	08 8267 8267	8:00am to 5:30pm	Xrays facilities available
Podiatry					
Healthy Feet Podiatry	Morphettville Medical Centre, 520 Anzac Highway	Glenelg East	08 8376 9766	Tues – Thurs: 9:00am to 5:30pm Fri: 9:00am to 5:00pm	
SPORTSMED·SA	225 Military Road	Henley Beach	08 8353 0111	Tues – Fri: 8:00am to 6:00pm Sat: 8:30am to 12:00pm	Physio services also available
Andrew Burns	58 Hanson Road	Woodville Gardens	08 8345 5996	Tues – Sat: 9:00am to 5:30pm	Ring to make an appointment
Chiropractor					
Davis Chiropractic	7 Morphett Road	Camden Park	08 8294 5962	Tues: 7:50am – 6:00pm Wed: 1:50pm – 6:00pm Thurs: 7:50am – 6:00pm Fri: 7:50am – 12:00pm	
Massage					
Sports and Arthritis Clinic (SPARC)	90 Henley Beach Road	Mile End	08 8234 9707	Mon: 8:30am – 7:00pm Tues & Wed: 8:30am – 6:00pm Thurs: 8:30am – 8:00pm Fri: 8:30am – 4:30pm Sat: 9:00am – 5:00pm	Sports Physician, Sports Doctor, Physio, podiatry, dietitian, chiropractor and psychology services also available. Online bookings available at: https://www.sparc.com.au/

Hills & Other regions					
Practice/Clinician	Address	Suburb	Telephone	Opening Hours	Notes
Physio					
SPORTSMED-SA	253 Main Road	Blackwood	08 8130 1181	Tues: 8:00am to 6:00pm Wed: 8:00am – 6:30pm Fri: 8:00am – 7:00pm Sat: 8:30am to 11:30am	
myPHYSIOsa	35a McLaren Street	Mount Barker	1300 189 289	Mon – Fri: 9:00am to 6:30pm	Massage services also available
Medical (Doctor, GP, Sports Dr, etc.)					
Gumeracha Medical Practice	29 Albert Street	Gumeracha	08 8389 1009	Tues – Fri: 8:00am – 6:00pm Sat: 9:00am – 12:00pm	Hospital with an Emergency Department is also available at Gumeracha with a Doctor on call.
Podiatry					
SPORTSMED SA	253 Main Road	Blackwood	08 8178 0399	Tues: 8:30am to 6:00pm	
Massage					
myPHYSIOsa	35a McLaren Street	Mount Barker	1300 189 289	Mon – Fri: 9:00am to 6:30pm	Massage services also available